

# 2025 CUSTOMISED WORKPLACE TRAINING Aboriginal Griefology

Presented by Rosemary Wanganen &  
The Healing Centre for Griefology

*"Enhance your practice and service delivery with  
Rosemary's workplace training where you'll be intellectually  
informed, gently challenged, but leave inspired!"*



# A model for all humanity.



Niina Marni? (How are you?) and ngaityalya (thank you) for taking the time to read our brochure, presenting the Customised Workplace Training offerings for 2025 by **Rosemary Wanganeen**, esteemed Griefologist, Founder and **Director of The Healing Centre for Griefology**.

## Griefology: A Decolonising Approach to Healing Aboriginal Disadvantage

Aboriginal disadvantage is a direct consequence of intergenerational suppressed unresolved grief, which has compounded and complicated contemporary unresolved grief across Aboriginal communities. Griefology is a grief-informed, decolonising methodology that offers a profound and meaningful understanding of the historical layers of grief that continue to impact Aboriginal lives today. By addressing the root causes of Aboriginal disadvantage, Griefology provides a pathway towards Aboriginal prosperity: healing, empowerment, and sustainable change.

Similarly, Griefology is a model for all humanity because it recognises that loss and grief are human experiences that do not discriminate. Griefology also recognises that prevention is better than a cure and that breaking the cycle of intergenerational disadvantage is the foundation for restoring prosperity for all humanity.



Aboriginal Griefology is a groundbreaking, evidence-based model that decolonises Aboriginal disadvantage to restore Aboriginal prosperity

The Seven Phases to Integrating Griefology is the foundation of a newfound therapy called Griefology as experienced, researched and published by Rosemary Wanganeen. Through the merging loss and grief, 'Griefology' offers a profound and meaningful understanding that Aboriginal disadvantage is a Western construct – one shaped by historical and intergenerational suppressed unresolved grief. This model reveals the underlying factors driving 'Aboriginal disadvantage' and how they serve as barriers to Aboriginal prosperity and well-being.

**Closing the gap to  
Aboriginal disadvantage**

# Seven Phases to Integrating Griefology ©

## Tailored Workplace Training

Delivered by highly-sought after Aboriginal Griefologist, Rosemary Wanganeen and tailored to your workplace's training objectives, this training will introduce her **Seven Phases to Integrating Griefology** and her ground-breaking 'Griefology' model.

This model explains how intergenerational suppression of unresolved grief profoundly influences how Aboriginal people experience contemporary losses and unresolved grief, and teaches cultural and mainstream strategies to help move from Aboriginal disadvantage to Aboriginal prosperity. Griefology doesn't seek 'closure' but the 'integration' of the loss experience through the process of a supported grieving process.

Griefology has broad applications across multiple sectors and industries, particularly where loss, grief, trauma, and well-being intersect: Health & Well-being, Community & Social Services, Justice & Law Enforcement, Education & Training, Workplace & Corporate, Government & Policy, Arts & Media, Disaster & Crisis Response.

## The Seven Phases to Integrating Loss & Grief ©

outlines the following sessions:



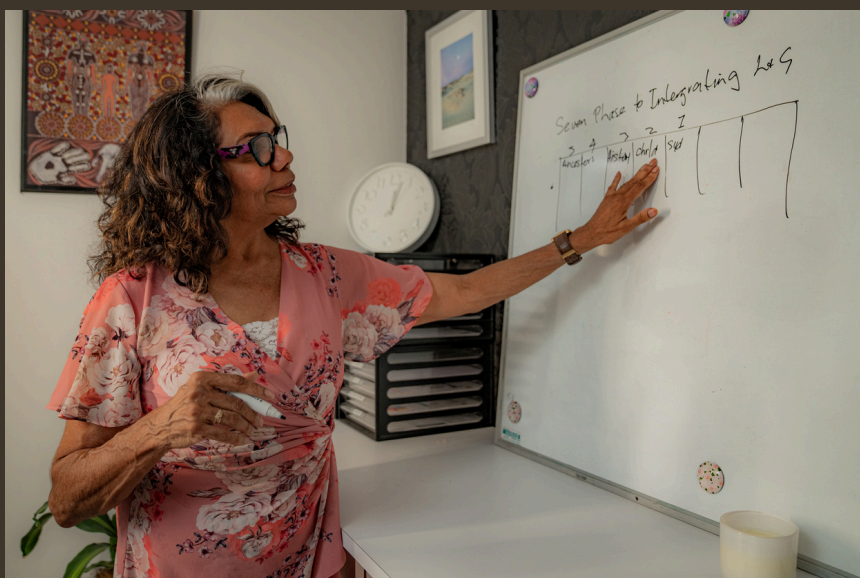
Ancient to modern history: dismantling modern day racism



Loss & Grief theory



Effective and creative grief activities



# Rosemary Wanganeen



## Australia's Leading Griefologist

**Rosemary Wanganeen** is Australia's leading and only **Griefologist**, pioneering the revolutionary field of **Griefology**®. She is the **founder and CEO of The Healing Centre for Griefology**, established in 1993 in response to her personal experiences as part of the Stolen Generation.

With over **30 years of experience** in health, welfare, and social justice for Aboriginal people, Rosemary has dedicated her career to transforming how individuals, communities, and organisations understand and integrate loss and grief. As a **keynote speaker, educator, trainer, program designer, and peer-reviewed author**, she has delivered **Griefology**® bi-culturally, recognising that loss and grief are universal human experiences. Her work extends across multiple sectors, demonstrating the far-reaching consequences of unaddressed grief in everyday life, including death and dying. She believes it's time to bring loss and grief into the 21st century.

A former **research officer for the Royal Commission into Aboriginal Deaths in Custody**, Rosemary sought deeper understanding of personal and collective loss through what she calls **intuitive research** from 1987 to 1992. This research led to the development of **The Seven Phases to Integrating Griefology**®, a groundbreaking model that redefines grief—not as something to be "closed" but as a natural, ongoing process to be integrated into life.

Her work provides an **evidence-based approach to transforming Aboriginal disadvantage into Aboriginal prosperity**, shifting the conversation toward healing, sustainability, and self-determination. Her contributions have led to her recognition in academia, and she is currently a **Master of Philosophy candidate at the University of Adelaide**.

A proud South Australian Aboriginal woman of the **Kurna, Wirungu, and Koogatha nations**, Rosemary's work is deeply rooted in her **lived experiences, cultural heritage, and academic research** - making her an **analytical storyteller**. She continues to champion **grief literacy as a transformative tool**, pioneering a new paradigm for healing and prosperity—particularly for Aboriginal communities.

***"Aboriginal prosperity is defined by the path the individual creates."***



# Workplace Training - Tailored to You

by Australia's Leading Griefologist, Rosemary Wanganeen

Rosemary's work has influenced mental health policies, leadership training, and community well-being programs, positioning her as a thought-provoking leader in holistic grief education.

The Healing Centre's point of difference lies in Rosemary's integration of her personal lived experiences into every aspect of the training. Grounded in a grief (trauma)-informed model, the Seven Phases to Integrating Griefology, her approach and delivery are deeply rooted in our shared humanity. Rosemary's model creates a safe space built on compassion and transformation and free from pity, paternalism, condescending beliefs, shame, blame, or demonising. Truth-telling remains at the forefront of instilling deep and meaningful allyship.



## Why book Rosemary Wanganeen?

- Australia's ONLY Griefologist offering tailored workplace training across a wide range of industries
- Trailblazer in Griefology®, a unique, research-backed framework for understanding grief and loss.
- Dynamic, engaging, and thought-provoking educator who challenges perceptions on grief and its impact on wellbeing
- 30+ years of expertise in grief, trauma, resilience, and cultural healing.
- Transformative insights applicable to corporate, healthcare, education, and community sectors

## Areas of Expertise

- Griefology®: Rethinking Grief as a Pathway to Growth
- The Hidden Impact of Unresolved Grief in Workplaces & Leadership
- Indigenous Perspectives on Grief, Healing, and Cultural and sustainable wellbeing
- Mental Health & Wellbeing: Building Intuitive Intelligence Through Grief Literacy
- Reframing Trauma Informed, to a Grief Informed Model, Lending itself to Holistic Approaches to Healing & Empowerment



# Workplace Training - *Through the Lens of* Griefology Workshops

by Australia's Leading Griefologist, Rosemary Wanganen

The Healing Centre for Griefology also offers 3 unique and powerful workshops from Rosemary's 'Through the Lens of Griefology' Workshop Series 2025 which can be delivered individually, in combination with each other, or in addition to your Custom Training. These workshops are:



## **Aboriginal Suicide Prevention through the Lens of Griefology** *- A Culturally Responsive Approach to Aboriginal Mental Health*

This workshop explores the role of intergenerational, suppressed, unresolved grief in Aboriginal communities and its impact on suicide rates. Through the Seven Phases to Integrating Griefology® framework, Rosemary uncovers the social determinants driving Aboriginal disadvantage and suicide, offering a culturally informed pathway toward prevention.



## **Bicultural Allyship through the Lens of Griefology** *- Creating Culturally Safer Workplaces*

This program is designed to go beyond raising cultural awareness, whereby both groups will become consciously aware of the need to create culturally safe work environments and reduce cultural overload and cultural fatigue amongst Aboriginal colleagues.



## **Aboriginal Pathways to Women's Self Advocacy through the Lens of Griefology**

*- Navigating Cultural Overload to Strengthen your Potential as an Aboriginal Woman*

This workshop will explore how to recognise and manage cultural overload and fatigue, ensuring they have the tools and support to sustain their well-being while creating opportunities for growth. Rosemary will introduce Griefology as a roadmap for navigating personal and professional challenges, showing how an Aboriginal perspective on loss and grief can offer insights into the barriers that may have blocked their path.





# Price Guide

## Customised Workplace Training

Due to the customised nature of this training, costs will vary depending on the length, travel required and size of your desired training. All prices are GST exclusive and per person. The below pricing is a guideline, estimated costs will be provided in a quote following your expression of interest via email.

Please contact [admin@lossandgrief.com.au](mailto:admin@lossandgrief.com.au) for all booking enquires

Location	Cost (excl. GST)	Travel (excl. GST)
<b>Adelaide Metro</b>	\$950 one day \$1,800 two days	None for Adelaide Metro
<b>Intrastate</b>	\$1,250 one day \$2,400 two days	+ \$200 per hour
<b>Interstate - VIC</b>	\$1,500 one day \$2,850 two days	Your organisation is to organise return flights, accommodation and meals (if relevant) for all Interstate engagements + \$200 per hour.
<b>Interstate - ACT</b>	\$1,500 one day \$2,850 two days	
<b>Interstate - NSW</b>	\$1,500 one day \$2,850 two days	
<b>Interstate - TAS</b>	\$1,600 one day \$2,950 two days	
<b>Interstate - QLD</b>	\$1,600 one day \$2,950 two days	
<b>Interstate - WA</b>	\$1,700 one day \$3,100 two days	
<b>Interstate - NT</b>	\$1,700 one day \$3,100 two days	

\*Cancellations within one week of a booked training will be required to pay the full cost, cancellations within a fortnight of a booked training will be required to pay 50% of the full cost





## ACKNOWLEDGEMENT OF COUNTRY

The Healing Centre for Griefology and founder, Rosemary Wanganeen, acknowledge that the Kurna people are the Traditional Owners of Country of the land on which we are privileged to live, work, and play, and pay respects to Elders of the Kurna nation, past, present and future.

Rosemary acknowledges her gratitude for the sharing of modern Australia, and at the same time, expresses her deep sadness for the cost of this sharing particularly for Aboriginal and Torres Strait Islander people. We all have a right, a role, and responsibility to support the Reconciliation process and forge a path to a place of equity, justice, and partnership for all Australians.

The Healing Centre for Griefology further acknowledges all Traditional Owners of Country throughout Australia and Torres Strait Islands and pays respect to their continuing connection to the land, waters and community we are privileged to visit. We pay our respects to the people, the cultures and the Elders past, present and emerging.

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HEALING CENTRE  
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