

BICULTURAL ALLYSHIP THROUGH THE LENS OF GRIEFOLOGY



CREATING CULTURALLY SAFER WORKPLACES

The Healing Centre for Griefology invites Aboriginal and non-Aboriginal colleagues to attend our transformative workshop, 'Bi-Cultural Allyship* Through the Lens of Griefology,' by esteemed Griefologist **Rosemary Wanganeen**.

The Healing Centre's point of difference lies in Rosemary's integration of her personal lived experiences into every aspect of the training. Grounded in a grief (trauma)- informed model, the Seven Phases to Integrating Griefology, her approach and delivery are deeply rooted in our shared humanity. Rosemary's model creates a safe space built on compassion and transformation and free from pity, paternalism, condescending beliefs, shame, blame, or demonising. Truth-telling remains at the forefront of instilling deep and meaningful allyship.

This powerful one-day workshop provides non-Aboriginal colleagues with profound insights into avoiding the impact of racially motivated comments, behaviours, biases, cultural overload, and fatigue that could impact Aboriginal colleague retention. It also provides Aboriginal colleagues with profound insights into their rights to advocate for themselves against racially motivated comments, behaviours, biases, cultural overload, and fatigue that could put their retention at risk. But you will actively engage in holistic support services.

Rosemary's mantra: 'Come to be informed, although challenged, but leave inspired!'

*'Allyship - the state or condition of being an ally: supportive association with another person or group', "Allyship." Merriam-Webster.com Dictionary, Merriam-Webster, <https://www.merriam-webster.com/dictionary/allyship>. Accessed 23 Mar. 2025.

BENEFITS OF ATTENDING

- To Understand Historical and Cultural Contexts
- To Build Cultural Competence
- To Acknowledge Privilege and Bias
- To Support Reconciliation Efforts
- To Advocate for Social Justice
- To Enhance Professional Impact
- To Create Personal Growth
- To Help Prevent Unconscious Harm
- To Create Lasting Change

HEALING CENTRE
FOR
griefologyTM

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COURSE INFORMATION

This **one-day** workshop includes:

Introduction

- Seven Phases to Integrating Griefology Framework
- Rosemary as an evidence-based case study
- What is a culturally unsafe workplace?
- What is a cultural overload and fatigue?
- What is bicultural allyship

History

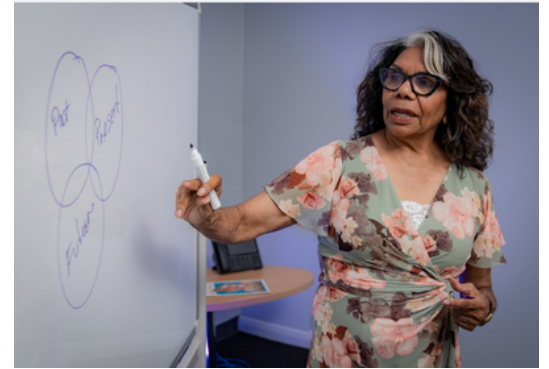
- Colonisation and its impact: Policies, practices, and racism
- Decolonising 1788 and self-reflection

Loss and Grief Theory (Working Booklet)

- Tangible and intangible losses
- Common grief emotions and triggers
- Reflective and creative grief activities
- Self-reflection

Strategies to Build Bicultural Allyship (Working Booklet)

- Group work: Indicators of cultural overload and fatigue- Immediate, short-term, and long-term effects
- Self-care strategies & self-reflection



"The session encouraged us to reflect on our own thinking and actions while offering pathways for personal growth through practices...We appreciated the emphasis on fostering confidence and independence and the call to create safe spaces for staff to examine their identities and attitudes.

[Rosemary's] guidance on countering cultural overload through humility, genuine curiosity, and respect aligned perfectly with the values we already strive to uphold in our day-to-day work"

*- Testimonial from Nunyara
Aboriginal Health Service*

BOOKINGS AND WORKSHOP SCHEDULE

Booking is available through the event page links below or visit www.lossandgrief.com.au. Please note - places are limited and costs are per person (catering and training materials included), all prices are GST exclusive, and venues are TBA. For more information and booking enquiries outside of the scheduled times, please contact admin@lossandgrief.com.au

CLICK YOUR CHOSEN WORKSHOP BELOW TO BOOK

LOCATION	<u>ADELAIDE CITY (SA)</u>	<u>MOUNT GAMBIER</u>	<u>BRISBANE</u>
DATE	<u>MARCH 27th</u>	<u>AUGUST 29th</u>	<u>MAY 30th</u>
PRICE	<u>\$837.46</u>	<u>\$1113.3</u>	<u>\$966.3</u>

ACKNOWLEDGEMENT OF COUNTRY

The Healing Centre for Griefology and founder, Rosemary Wanganeen, acknowledge that the Kurna people are the Traditional Owners of Country of the land on which we are privileged to live, work, and play, and pay respects to Elders of the Kurna nation, past, present and future. Rosemary acknowledges her gratitude for the sharing of modern Australia, and at the same time, expresses her deep sadness for the cost of this sharing for Aboriginal and Torres Strait Islander people. We all have a right, a role, and responsibility to support the Reconciliation process and forge a path to a place of equity, justice, and partnership for all Australians. The Healing Centre for Griefology further acknowledges all Traditional Owners of Country throughout Australia and Torres Strait Islands and pays respect to their continuing connection to the land, waters and community we are privileged to visit. We pay our respects to the people, the cultures and the Elders past, present and emerging.